



David from the heart **Week 2 – 'Courage: from the heart'**

This week's memory verse...

'Be on your guard; stand firm in the faith; be courageous; be strong' 1 Corinthians 16v13

What is Courage?

'Courage is resistance to fear, mastery of fear, not the absence of fear' Mark Twain

External circumstances didn't shape David, it was his inner security (his heart) that did.

David was a boy, he was a shepherd but he was also a giant killer!

What was different about David?

David's courage came from having strength in God!
David faced other giants before Goliath!
David didn't have to fight Goliath, he chose to!
David saw how big God was, instead of seeing the giant in front him!!

'God doesn't give us victory so that we can stop facing giants. He gives us victory so we can face greater giants.'

How is my heart today?

Proverbs 3v5 'Trust in the Lord with all your heart'.
This will result in courage!!

Lifegroup notes 24 06 2012

Doctor's opening question

*If you had the courage to do anything(!!) what would you do?
(Have some fun or be serious)*

Doctor's tests

Our series on David is looking at the importance of the heart.

Test 1 - *Share with the group a time when you did use courage. Explain how you felt before, during and after the event.*

Test 2 - *Read the story of David and Goliath again as a group. 1 Samuel 17*

What do you find interesting about verses 4-11?

When we focus on our giants, do they seem bigger?

What differed when David arrived on the scene?

David did not only face Goliath; look at verses 28, 33, & 43-44 again and discuss. How can this relate to us as we face our giants?

How do we overcome our giants?

Test 3 - *What is your reaction to the following statement?*

*'God doesn't give us victory so that we can stop facing giants.
He gives us victory so we can face greater giants...'*

Doctor's diagnosis & treatment...

Spend some time in prayer and worship, thanking God for the giants He has helped you to overcome. Pray for members of the group who may be facing giants right now. Declare over them this week's memory verse and encourage them to use it daily.