



WEEK 5 - LIFE

"I came so that they can have real and eternal life, more and better life than they ever dreamed of."
John 10:10 (MSG)

'IT'S A WONDERFUL LIFE'

1) LIFE'S LOW POINTS CAN BECOME TURNING POINTS

Psalm 34

2) NO LIFE IS EVER UNIMPORTANT OR MEANINGLESS

Luke 12:6-7

3) LIVING LIFE TO THE FULL IS LARGELY DOWN TO THE CHOICES WE ARE WILLING TO MAKE

- Choose how you are going to live - Galatians 6:7-9
- Choose to be thankful
Colossians 2:6-7 / Colossians 3:16
- Choose to know the giver of life

TODAY.....CHOOSE LIFE!

LIFEGROUP

NOTES

WEEK 5
LIFE

OPENING THE PRESENT

Leon spoke on Sunday about the film 'It's a Wonderful Life.'
What is your favourite Christmas movie and why?

TAKING IT OUT OF THE BOX

Tonight let's do something different! Let's take the points spoken about on Sunday and use them for prayer.

1) Life's low points can become turning points - Read Psalm 34

Does anyone in the group need prayer tonight?

Pray for people who are facing difficulty in our community coming up to Christmas

2) No life is ever unimportant or meaningless - Read Luke 12:6-7

Pray for world situations such as Syria and the Congo

Pray for people you know who may be struggling with life right now

3) Living life to the full is largely about the choices we are willing to

make. Choose how you are going to live - Read Galatians 6:7-9

What do you think are the challenges for us as Christians coming up to Christmas?

Choose to be thankful - Read Colossians 3:16

What is the benefit of thankfulness?

How can I cultivate thankfulness?

ENJOYING THE GIFT

Finish by spending some time being thankful. Think of a creative way to encourage everyone to say what they are thankful for.

Then worship and pray.