

Sunday 10th November

The Games We Play ... "Angry Birds"

Lifegroup Notes

Welcome – What is your favourite board game and why? What is it about playing games that can make you angry?

Works - Who are you inviting to the Christmas event?
Let's go for it, share and pray for each other as you invite.
Let's step out of the boat and invite people!!

Word - Tonight's theme is "Angry Birds"

Read Matt. 5 v. 21-26

Here Jesus teaches into the issues of anger and conflict.

- What are some of the things that impact you from this passage?
- What would have been challenging to the listeners of the day?
- What is challenging to you from this teaching and why?

Eph. 4 v. 26 says 'in your anger do not sin'

- What does this actually say and mean to you?
- Why is this so important in our life and in our walk with God?
- What have been some of your experiences with anger? Receiving and/or giving?
- What have you learned? How has Jesus helped you?

Read Matt. 18 v.15-17

- What does this teach us about conflict resolution?
- How have you/do you deal with conflict resolution?

Worship - Finish by acknowledging we all carry anger, it's what we do with it that matters!
Remind people of 'spiritual breathing' where we exhale our anger and inhale the spirit.

Spend some time in worship, prayer and spiritual breathing. Find a creative way to help people engage with God. Let the spirit lead you and encounter Jesus.

