

**lifegroups**



## **Sunday 4<sup>th</sup> May – Thrive – Week 2 – Lifegroup Notes**

**Big idea = "We thrive by intentionally doing life with the right people"**

### **Dig deeper - (Looking at God's word)**

Read Daniel 2 v. 1-13 ...

- Daniel and his friends were under pressure at work ... What are some of the pressures you face at work/in your life?
- What are some of the unhealthy ways some people use to cope with pressure?

Read v.14-18 ...

- What impresses you about Daniel's strategy for coping with pressure?

### **Plant - (Applying to our own lives)**

- Daniel thrived because he shared his life with the right people ... Why is community so important for us as followers of Jesus? What are the benefits?
- What are some of the barriers to good Christian community? Why do we sometimes prefer to do life alone?
- Look at the questions Leon asked. Discuss these together and evaluate your own relational life ... Who coaches you? Who stretches you? Who listens to and encourages your dreams? Who protects you? Who shares your tears? Who challenges you? Who has fun with you? Who pursues God with you?

### **Water - (Inviting God into your situation)**

- Share communion with each other thanking God for the group - Read v.20
- Pray that God will use each of you where he has planted you, not just to survive, but to thrive!



If you have any queries about Lifegroups or Lifegroup Notes, please contact Dan Bennett on 0121 501 3542 or email [dan.bennett@zionnetwork.org](mailto:dan.bennett@zionnetwork.org)