

Sunday 9th November – Lifegroup notes – Beyond the thing

Welcome

Looking back on this last week, what's one disappointment you've had and one thing you're grateful for?

Worship

Spend some time focussing on who God is, His unchanging nature and goodness regardless of our circumstances. Maybe use Psalm 34 v.1-10.

Word

Explain that the 'thing' we are looking to go beyond is disappointment.

- When's the first time you remember being disappointed?
- What can be the effects of disappointment in our lives?

Read the story from Sunday ... Genesis 29 v.14-30.

- What strikes you from this story?
- Who do you feel most sorry for in this story and why?

Consider the areas of disappointment mentioned ...

For Jacob - "I didn't get what I worked for."

For Leah - "I didn't get what I deserved."

- What are some of the ways we can feel like this in our lives?

Read how Leah handled her disappointment ... Gen. 29 v. 31-35.

- What are some of the unhealthy ways we can handle disappointment?
- What are better ways to handle it?
- What could the phrase 'this time I will praise the Lord' mean for you in your life?

Consider the 3 points Leon bought out ... A new approach - A new focus - A new direction

- What could this look like for us?

Spend some time praying for one another, encourage vulnerability and openness. Expect God to speak as you pray and share.

Works

The 'beyond the wall' challenge is to invite someone to the Christmas event on December 14th. Who are you inviting? How can we encourage and support one another in this as a group?