

Life Group Notes

Ask it - Week 1 - "The question that answers just about everything?"

- **Welcome** - looking back on 2014, what was the smartest decision you made and what was the dumbest?
- **Worship** - Lead the group in a worship activity as follows.....

Ask the group to sit quietly for 3 minutes in silence, just breathing and resting. Read Psalm 23, maybe in a couple of translations. Then invite the group to pray, thanking God for his shepherding of us through last year, and in advance, for the coming year.

- **Word** - This week's question, if we 'ask it' will help us answer just about everything and it's this.....'**What's the wise thing to do?**'

Read Ephesians 5 v.15-17

- Why is wisdom so important and so hard to find at times?
- What's the difference between wisdom and knowledge do you think?
(Some helpful verses - Prov. 1v.7/Psalm 111v.10/Prov. 4 v.5-7/James 1 v.5-6)
- What does the Bible mean when it uses the word 'foolish?' (Prov. 18v.2/Prov. 28v.26)

The question was developed on Sunday as follows.....

'In the light of my past experiences, current circumstances, future hopes and dreams, what's the wise thing for me to do?'

- Can you give examples of how this perspective could save you time, tears and money?
- What can be hard for us in terms of applying this principle?
- In what ways can we be deceived or deluded?
- Give some examples of when you've been 'foolish' in decision making and when this principle could have saved you so much grief?
- Give some examples of when you have done the wise thing? What were the outcomes?

Spend some time asking if anyone wants prayer for decisions they are facing right now and where they need the wisdom of God.....just....

'Ask it....what's the wise thing to do?'

- **Works** - finish by asking the group who they are praying for this year to meet Jesus and how the group can help each other in this adventure?

