

lifegroups



Life Group Notes

AHA - Week 1 (Sunday 22 Feb)

Welcome - find a way to let everyone in the group share (in one sentence) how their week has been so far

Word - Tonight (today) we start a new series based on the concept of AHA which stands for; **awakening - honesty – action.**

The idea is that there can be a light bulb moment where we waken to Gods truth that leads to brutal honesty and immediate action; then lasting change can take place.

- Think about when you first came to Christ, were there any specific 'AHA' moments for you?
- Since you've become a Christian have there been any other 'AHA' type experiences?

Read the well known story contained in Luke 15 v. 11-24
This story perfectly shows the concept of AHA....

1. A sudden awakening - 'he came to his senses'

- Why can this be such a challenge for us?
- What can be the consequences of not coming to our senses?
- What ways has God used to bring you to your senses at times?

2. A brutal honesty - 'he said to himself'

- Why is 'brutal honesty' so key to Spiritual change?
- What other scriptures speak about this concept of honesty being so important?
- Why do we sometimes fear being honest with ourselves let alone God and others?

3. Immediate action - 'so he got up'

- Why is this often where we lose it? Read James 1 v.22-25.
- What does this actually say and what should it mean to us?
- How would this revolutionise our lives if we lived it out more?

Works & Worship - finish by pondering the idea that the prodigal son left the father's house and ended up in a distant country.

- Do you know anyone who has done this? Spend some time praying for them...
- Are there areas in your life you are experiencing this disconnection? Ask for prayer...

Finish by worshipping God; thank Him for His Voice, His Grace, His Transforming Power.



If you have any queries about Lifegroups or Lifegroup Notes,
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