

Welcome - Name 3 things that fill you up, that energise you, name 1 thing that drains you.

Tonight we are looking at what fulfils us, what gives us purpose and satisfaction.

All the research suggests that what fulfils us most as human beings is when we pour out our lives and serve other people.

- It's easy for us to agree that we can't find fulfilment or happiness through money, possessions and status but why is it so hard to live like that is true?
- Talk about a time when acting selflessly made you happier and more fulfilled? Why do you think that was?

Selfishness is natural but it's not how we were designed or created.

- What do you think about this statement?

Jesus shows us what it looks like not just to do servant acts but to be a servant.

Read Phil. 2 v. 5 - 11.

Note something really interesting; v.6-8 shows Jesus in a downward progression but v. 9-11 we see Jesus in an upward progression.

- What does this teach us about servanthood in Gods eyes?
- Why is this so counter cultural?

Discuss the 3 points Leon brought out on Sunday about what it means to pour out your lives for others, what it means to be a servant...

A servant is clear on his identity

A servant is obsessed with putting others first

A servant is willing to take risks

- Which of these inspires you most? Which challenges you most?
- What have you learned about serving and fulfilment?
- What are some of our barriers and challenges to this way of living?
- If it's true, 'pouring out your life is what really fills you up' what's your next step?
- Is there a way you can respond to this and find a way to serve others on a consistent basis? How can the group support each other in this?

We can serve in the church.....

Current areas - Sunday morning teams (like car park, hosting, connecting, technical), youth, children.

We can serve out in the community - where God has placed us and where He leads us

Finish by praying for one another that we will be a serving people, who don't just speak about Jesus but who display who He is to our watching and waiting world. Then we will be fulfilled and more importantly; He will be glorified!