

Welcome

Q. What's one thing you will never be able to fully control, but wish you could?
e.g. the weather, your boss, your spouse etc

Q. What would you say is one of the most trusting things you have ever done?

Describe a time when someone trusted you and it made all the difference in the world?

It can be true of us to say "I'll give God some things, but not everything". What are some of the things we can struggle to fully trust God with?

How might our lives look different if God had our complete trust over:

- Relationships
- Family
- Money
- Forgiveness

The dictionary definition of trust is a firm belief in the honesty and reliability of another. This asks the questions Is God reliable? Is God trustworthy?

Read Proverbs 3:5-6

If we believe this verse to be true:

What challenges us about these verses?

Why does it make sense to trust God over your own judgment? What are some reasons we lean on our own understanding to make decisions, rather than trust God with them?

Discuss where we might be tempted to have a "just in case" mentality?

How, in our lives, might we look for what appears to be the safest bet, and what could that thing be?

When, in our lives, might we turn into a control freak because we think things will go better if we are the ones in charge?

What does trusting God look like in your life right now?

Trust is a process, it's a journey we travel with God together.

As we finish

Many people believe in God, but have a hard time fully trusting Him. Perhaps you have wrestled with the tension between trusting God and maintaining control over certain areas of your life. Get people to think about the things that may be hindering them in their ability to trust God. It may be baggage from the past or a barrier right now. Invite people to share and pray for those things.

Remember:

STAND UP AND LOOK UP!