

Lifegroup Notes

Week 2 – ‘Awakening to regret’ Sunday 14th January

Welcome - What’s one thing you did when you were younger that you now regret (make it fun and light!
Bad haircut, that kind of thing!!)

Word - we are looking at one of the most important and central stories Jesus told, the “Parable of the prodigal son”. We are looking at the idea that to find our way back to God (Home) will require a series of awakenings.

This week we are looking at ‘awakening to regret’.

Read the story - Luke 15 v. 11-32

- What do you love about this story?
- Why do you think it is such a rich story?

The story says the younger son ‘came to his senses’ he had an awakening to regret.

- What do you think regret is?
- What’s the extreme responses to regret people can take?
- What’s the difference between regret and repentance?

Read 2 Cor. 7 v.10

- What does this verse actually mean do you think?
- Can you think of times in your life when you’ve known regret *and* repentance and how were they different?
- Why has repentance become such a negative word do you think?
- In what ways can repentance actually be a positive experience in our lives?

After he was awakened to regret and he was honest with himself, he then took action.

- In what ways can we apply this process to our lives and give some examples of what that could look like?
- What happens when one part of this process goes missing?
- When the younger son came home what response would he have expected from the father?
- What response did he actually get?

Read this quote....**His goodness is above our ability to comprehend but not above our ability to experience - Bill Johnson**

- How could that impact us and change the way we relate to God?

Finish by asking if anyone needs prayer...

Maybe they are struggling with an issue and want to stay “pre regret?”

Maybe there is something in their lives they regret and want to move beyond it, “post regret?”