



Live Your Best Life - Week 1 - Choose Well

Welcome - As we start this new series 'Life your best life' we are looking at the power to choose well. What choices do you find difficult or easy to make in life? Do you spend ages looking at the menu? Is it easy for you to find the right parking space?!!

Word - We looked Sunday at headlines from the life of Moses.

Ask someone to read the passage out.

Hebrews 11 v. 24-29

- What initially impacts you from these words as you listen to them?
- This quote was used Sunday, what is the implication if this quote is true? Stephen Covey said, 'Every human has four endowments - self awareness, conscience, independent will and creative imagination. These give us the ultimate human freedom... The power to choose, to respond, to change'.

Look at the choices Moses made and open up discussion.....

1. Ground your life in your true identity

- In what ways is this hard/difficult in our culture?
- What are you learning about living in your true identity?
- Has anyone done Freedom in Christ? Share you experiences from that course

2. Shape your life around your deepest values

- What 'hooks' can people get their lives caught on?
- Why are values important if we want to live our best life?

3. Invest your life in what's meaningful

- Why did Jesus speak so much about money and possession do you think?
- If your money could talk what might it say right now?

4. Centre your life on what's unchangeable and unshakeable

- Why is it so hard to keep on going in life at times?
- Why and how has it been worth it when you have kept on going?

Consider this quote that was used Sunday....

'We live in a culture that overvalues 15 minutes of fame and undervalues lifelong faithfulness' - Mark Batterson

- Does this ring true with you? What are the implications if it is true?

5. Trust your life to the only one who is worthy of that trust

Moses chose 'by faith'....

- Where do you need to trust God in your life right now?

Spend some time praying for one another, share those areas where we need to "choose well" right now.

Finish by praying for all the new things starting - Freedom in Christ; Alpha; new teaching series. Give God thanks for all the great stories we are hearing of people coming to faith or taking their next Steps!